

### WHAT IS DOMESTIC VIOLENCE?

Domestic Violence includes a variety of abusive behaviors or threats of abuse. It can be a combination of physical, sexual, and/or verbal abuse. You have committed domestic violence when you physically harm, intimidate or cause fear in the person you cohabit with. The definition of cohabitation is a person 16 years or older, is or was a spouse, is or was living as a spouse, is related by blood or marriage, has one or more children in common or has resided in the same residence as the other party.

### DIFFERENT TYPES OF ABUSE

#### Physical abuse:

Hitting, punching, shoving, kicking, biting, choking, slapping, shaking, pinching, using weapons and objects that can cause harm, restraining or threatening to cause harm to partner.

#### Sexual abuse:

Acting violently or physically causing pain while having sex, forcing unwanted sex, forcing sex after a violent action, raping or using objects to cause harm during sex.

#### Psychological:

Name calling, threatening, criticizing, ridiculing, placing blame, intimidation, manipulating, accusing partner of an affair or controlling partner's actions or friendships.

### CYCLE OF DOMESTIC VIOLENCE

#### Phase 1: Tension-building

Is a time of minor conflicts when threats of violence may increase. This phase may last a few hours to many months.

#### Phase 2: Violence

The violence erupts as the abuser throws objects at his or her partner, hits, slaps, kicks, chokes, abuses him or her sexually, or uses weapons. Once the attack starts, there's little the victim can do to stop it; There generally are no witnesses.

#### Phase 3: A Period of Remorse

This is often called the "Honeymoon" phase. The abuser may feel sorry for what happened. They may ask for forgiveness and promise to change. Remember that domestic violence will not go away by itself; there are programs that can help.

### CRIME VICTIMS REPARATIONS

Victims of violence crime who have suffered physical or psychological injury may be eligible for compensation through Crime Victim Reparations. Primary victims who are affected by the violent incident may qualify for medical/dental expenses, mental health counseling, lost wages, funeral and burial expenses relocation expenses, replacement of door and window locks for the safety of the victim. Secondary victims in the immediate family who witnessed or are traumatically affected by the violent crime may be eligible for mental health counseling under the following circumstances: Homicide, child physical or sexual abuse, and counseling for domestic violence crimes. To qualify, a police report must be filed within one year of the crime. The amount of assistance is based on primary funding resources already available to the victim such as Medicaid, Medicare, insurance, workers compensation, etc. Funding of this program comes from criminal offenders through surcharges on fines.

The Domestic Violence LINKLine is sponsored in part by:

Utah Domestic Violence Council

State Division of Child & Family Services

#### Substance Abuse

AA Meeting (24 hours) .....801 484-7871  
Salt Lake County Substance Abuse Services  
Assessment & Referral Unit.....801 468-2009  
Detox Center, Volunteers of America.....801 364-9400

#### Information/Resources

Information & Referral Center.....211  
Domestic Violence LINKLine ..... 1-800-897-5465

### PROTECTIVE ORDER INFORMATION

A protective order is a court order designed to give victims of domestic violence protection by ordering the abuser not to have contact with you, threaten you, or entering onto the property where you are residing. There are two kind of protective orders, civil and criminal. You do not need an attorney to obtain either of these orders.

**Civil Protective Orders:** The civil order is broken down in two parts. The first is called an ex parte protective order. This order may be issued the day of filing without the abuser being present. It is effective until a hearing is held, where the abuser is able to present their side. The second part of the civil protective order becomes effective after the hearing. The civil order may order the abuser to immediately vacate and remain away from the residence and refrain from further abusing you. They may provide temporary custody of minor children, access to real property and deal with other temporary relief on civil matters.

**Criminal Protective Order:** The criminal protective orders may be issued only if criminal charges are filed. This order is valid until the criminal case is completed. This includes the probationary period of the defendant at the request of the victim. The abuser is ordered to immediately vacate and not return to the residence and to refrain from all contact with you. This order does not establish visitation or child custody.

### MEDICAL ASSISTANCE

Fourth Street Clinic  
404 South 400 West..... 801 364-0058

### Community Health Clinics

Central City..... 801 539-8634  
Copperview ..... 801 566-5494  
Stephen D. Ratchiffe ..... 801 328-5750  
Oquirrh View..... 801 964-6214  
Utah Family Health Line ..... 1-800-472-4716

**COUNSELING SERVICES**

*(Licensed Domestic Violence Treatment Programs)*

**ACES**  
3808 South West Temple..... 801 265-8000

**Addiction & Psychological Services**  
1226 West South Jordan Parkway, #A-B..... 801 302-1155

**ARCH-Addiction Resource Center for Healing**  
9500 South 500 West, #209..... 801 598-3332

**Asian Association of Utah**  
1588 South Major Street (50 E.) ..... 801 487-6060

**Changes, Counseling & Consultation**  
7370 South Creek Road, #102..... 801 542-7060

**Clinical Consultants**  
8541 South Redwood Road, Bldg. A ..... 801 233-8670

**Comprehensive Psychological Services**  
1208 East 3300 South..... 801 483-1600

**Cornerstone Counseling Center**  
660 South 200 East, # 308..... 801 355-2846

**England Counseling**  
3564 7200 South ..... 801 250-2909

**Family Abuse Center for Treatment**  
5691 South Redwood Rd., #15 ..... 801 293-9123

**Family Counseling Center**  
5250 South Commerce Drive, #250..... 801 261-3500

**Froerer Counseling Services**  
11075 South State, Suite 28 ..... 801 504-8444

**Intermountain Specialized Abuse Treatment Center**  
3809 South West Temple, #1B ..... 801 268-4454

**Institute For Cognitive Therapy**  
111 East 5600 South, #318..... 801 268-2887

**Interface Psychological**  
508 East South Temple..... 801 328-8817

**Jordan West Family Counseling**  
9263 South Redwood Road, Bldg., Suite B ..... 801 566-0749

**Judicial Supervision Services**  
3038 South Specialty Circle ..... 801 486-8143

**Mana Consultants**  
9176 South 300 West, #34..... 801 347-2539

**Matt Larson**  
24 South 600 East, #6..... 801 521-0699

**No Excuse For Abuse (N.E.F.A.)**  
3690 South 500 West, #102..... 801 262-1519

**Salt Lake County Dept. Of Human Services**  
**Criminal Justice Services (Court Ordered)**  
145 East 1300 South, Suite 501 ..... 801 799-8400

**Sandy Counseling Center**  
8184 South Highland Drive ..... 801 944-1666  
1325 West 2200 South, Suite F ..... 801 944-1666

**Sequoia Counseling Services**  
3378 South 900 East..... 801 463-7520

**Trauma Awareness & Treatment Center**  
32 Winchester, #101 ..... 801 263-6367

**Valley Mental Health East Valley Unit**  
*(For children & non-offending parent)*  
1141 East 3900 South, #A 170 ..... 801 264-4990

**Valley Mental Health Masters Program (55 and older only)**  
4460 South Highland Drive ..... 801 273-1085

**Volunteers of America, Women and Children Center**

697 West 4170 South ..... 801 261-9177

**VICTIM ADVOCATE PROGRAMS**

*(Assistance for Victims of Violent Crimes)*

Cottonwood Heights Victim Advocate Program.... 801 944-7042  
Draper Victim Advocate Program ..... 801 576-6355  
Midvale Victim Advocate Program..... 801 265-2505  
Murray Victim Advocate Program 801 284-4203, 801 284-4201  
Salt Lake City Victim Advocate Program ..... 801 799-3756  
Salt Lake Co. Victim Advocate Program..... 801 743-5861  
or 801 743-5860  
Sandy City Victim Advocate Program..... 801 568-7283  
Or 801 568-6082, or 801 568-4627  
South Jordan Victim Advocate Program..... 801 254-4708  
South Salt Lake Victim Advocate Program..... 801 412-3660  
Or 801 412-3662  
Taylorsville City Victim Advocate Program ..... 801 955-2067  
West Jordan Victim Assistance Program..... 801 566-6511  
West Valley City Victim Advocate Program ..... 801 963-3223  
Utah Attorney General's Victim Services..... 801 281-1206  
Board of Pardons Advocate..... 801 261-6466  
Federal Victim/Witness Program ..... 801 579-4776  
Dept. Of Corrections Victim Services ..... 801 545-5899  
U.S. Attorney Victim Witness Program ..... 801 325-3256  
**Sego Lily Center for the Abused Deaf..... 888 328-5486**  
**Crime Victim Reparations ..... 801 238-2360**  
**Victim's Rights Committee ..... 801 281-1206**

**Shelters**

YWCA ..... 801 537-8600  
South Valley Sanctuary ..... 801 255-1095

**Legal**

Legal Aid Society  
205 North 400 West..... 801 328-8849  
Utah Legal Services  
205 North 400 West..... 801 328-8891

Third District Court  
450 South State Street

**Protective Services**

Child Protective Services..... 801 281-5151  
Adult Protective Services..... 801 264-7669

**Family Support Center**

Emergency Child Crisis Nurseries and Family Counseling  
Sugarhouse Branch ..... 801 487-7778  
Midvale Branch ..... 801 255-6881  
West Valley City..... 801 967-4259

**Rape/Sexual Assault**

Rape Recovery Center ..... 801 467-7273  
Utah Coalition Against Sexual Assault ..... 1-888-421-1100

**SALT LAKE AREA  
DOMESTIC VIOLENCE  
VICTIM RESOURCES**

Prepared By:  
**The Domestic Violence LINKLine**  
*A program of the Utah Domestic Violence Council*

*\* Please check date before duplication – if more than six months old, call 1-800-897-LINK (5465) for an updated copy.*

<b>CRISIS/INFORMATION LINES</b>	
<b>Crisis/Suicide Prevention</b> .....	<b>801 261-1442</b>
<b>Domestic Violence LINKLine</b> .....	<b>1-800-897-5465</b>
<b>National Domestic Violence Line</b> .....	<b>1-800-799-7233</b>