

WHAT IS DOMESTIC VIOLENCE?

Domestic Violence includes a variety of abusive behaviors or threats of abuse. It can be a combination of physical, sexual, and/or verbal abuse. You have committed domestic violence when you physically harm, intimidate or cause fear in the person you cohabit with. The definition of cohabitation is a person 16 years or older, is or was a spouse, is or was living as a spouse, is related by blood or marriage, has one or more children in common or has resided in the same residence as the other party.

DIFFERENT TYPES OF ABUSE

Physical abuse:

Hitting, punching, shoving, kicking, biting, choking, slapping, shaking, pinching, using weapons and objects that can cause harm, restraining or threatening to cause harm to partner.

Sexual abuse:

Acting violently or physically causing pain while having sex, forcing unwanted sex, forcing sex after a violent action, raping or using objects to cause harm during sex.

Psychological:

Name calling, threatening, criticizing, ridiculing, placing blame, intimidation, manipulating, accusing partner of an affair or controlling partner's actions or friendships.

CYCLE OF DOMESTIC VIOLENCE

Phase 1: Tension-building

Is a time of minor conflicts when threats of violence may increase. This phase may last a few hours to many months.

Phase 2: Violence

The violence erupts as the abuser throws objects at his or her partner, hits, slaps, kicks, chokes, abuses him or her sexually, or uses weapons. Once the attack starts, there's little the victim can do to stop it; There generally are no witnesses.

Phase 3: A Period of Remorse

This is often called the "Honeymoon" phase. The abuser may feel sorry for what happened. They may ask for forgiveness and promise to change. Remember that domestic violence will not go away by itself; there are programs that can help.

CRIME VICTIMS REPARATIONS

Victims of violence crime who have suffered physical or psychological injury may be eligible for compensation through Crime Victim Reparations. Primary victims who are affected by the violent incident may qualify for medical/dental expenses, mental health counseling, lost wages, funeral and burial expenses relocation expenses, replacement of door and window locks for the safety of the victim. Secondary victims in the immediate family who witnessed or are traumatically affected by the violent crime may be eligible for mental health counseling under the following circumstances: Homicide, child physical or sexual abuse, and counseling for domestic violence crimes. To qualify, a police report must be filed with in one year of the crime. The amount of assistance is based on primary funding resources already available to the victim such as Medicaid, Medicare, insurance, workers compensation, etc. Funding of this program comes from criminal offenders through surcharges on fines.

The Domestic Violence LINKLine is sponsored in part by:

Utah Domestic Violence Council

State Division of Child & Family Services

Substance Abuse

AA Meeting (24 hours)484-7871
Salt Lake County Substance Abuse Services
Assessment & Referral Unit.....468-2009
Detox Center, Volunteers of America.....364-9400

Information/Resources

Information & Referral Center.....211
Domestic Violence LINKLine 1-800-897-5465

PROTECTIVE ORDER INFORMATION

A protective order is a court order designed to give victims of domestic violence protection by ordering the abuser not to have contact with you, threaten you, or entering onto the property where you are residing. There are two kind of protective orders, civil and criminal. You do not need an attorney to obtain either of these orders.

Civil Protective Orders: The civil order is broken down in two parts. The first is called an ex parte protective order. This order may be issued the day of filing without the abuser being present. It is effective until a hearing is held, where the abuser is able to present their side. The second part of the civil protective order becomes effective after the hearing. The civil order may order the abuser to immediately vacate and remain away form the residence an refrain from further abusing you. They may provide temporary custody of minor children, access to real property and deal with other temporary relief on civil matters.

Criminal Protective Order: The criminal protective orders may be issued only if criminal charges are filled. This order is valid until the criminal case is completed. This includes the probationary period of the defendant at the request of the victim. The abuser is ordered to immediately vacate and not return to the residence and to refrain from all contact with you. This order does not establish visitation or child custody.

MEDICAL ASSISTANCE

Fourth Street Clinic
404 South 400 West..... 364-0058

Community Health Clinics

Central City..... 539-8634
Copperview 566-5494
Stephen D. Ratchiffe 328-5750
Oquirrh View..... 964-6214
Utah Family Health Line 1-800-472-4716

COUNSELING SERVICES

(Licensed Domestic Violence Treatment Programs)

ACES
 3808 South West Temple..... 265-8000

Addiction & Psychological Services
 1226 West South Jordan Parkway, #A-B..... 302-1155

Asian Association of Utah
 1588 South Major Street (50 E.) 487-6060

Changes, Counseling & Consultation
 7370 South Creek Road, #102..... 542-7060

Clinical Consultants
 8541 South Redwood Road, Bldg. A 233-8670

Comprehensive Psychological Services
 1208 East 3300 South..... 483-1600

Cornerstone Counseling Center
 660 South 200 East, # 308..... 355-2846

England Counseling
 3564 7200 South 250-2909

Family Abuse Center for Treatment
 5691 South Redwood Rd., #15 293-9123

Family Counseling Center
 5250 South Commerce Drive, #250..... 261-3500

Family First
 525 East 4500 South, # F200 747-2300

Froerer Counseling Services
 11075 South State, Suite 28 573-1567

FrontLine Services Inc.
 9287 South Redwood Road, 1st Floor..... 746-3077

Intermountain Specialized Abuse Treatment Center
 3809 South West Temple, #1B 268-4454

Institute For Cognitive Therapy
 111 East 5600 South, #318..... 268-2887

Interface Psychological
 508 East South Temple..... 328-8817

Jordan West Family Counseling
 9263 South Redwood Road, Bldg., Suite B 566-0749

Judicial Supervision Services
 3038 South Specialty Circle 486-8143

Matt Larson
 24 South 600 East, #6..... 521-0699

No Excuse For Abuse (N.E.F.A.)
 3690 South 500 West, #102..... 262-1519

Pioneer Youth Services
 3030 South Main Street 474-2500

Professional Services Corp.
 4667 South Holladay Blvd. #2..... 277-8025

Salt Lake County Dept. Of Human Services
Criminal Justice Services (Court Ordered)
 145 East 1300 South, Suite 501 799-8400

Sandy Counseling Center
 8184 South Highland Drive 944-1666
 1325 West 2200 South, Suite F 944-1666

Sequoia Counseling Services
 3378 South 900 East..... 463-7520

Trauma Awareness & Treatment Center
 32 Winchester, #101 263-6367

Valley Mental Health East Valley Unit

(For children & non-offending parent)

1141 East 3900 South, #A 170.....264-4990

Valley Mental Health Masters Program (55 and older only)
 4460 South Highland Drive.....273-1085

Volunteers of America, Women and Children Center
 697 West 4170 South261-9177

VICTIM ADVOCATE PROGRAMS

(Assistance for Victims of Violent Crimes)

Draper Victim Advocate Program576-6355

Midvale Victim Advocate Program.....265-2505

Murray Victim Advocate Program 284-4203, 284-4201

Salt Lake City Victim Advocate Program799-3756

Salt Lake Co. Victim Advocate Program.... 743-5861, 743-5860

Sandy City Victim Advocate Program..... 568-7283, 568-6082

South Jordan Victim Advocate Program.....254-4708

South Salt Lake Victim Advocate Program 412-3660, 412-3662

Taylorsville City Victim Advocate Program955-2067

West Jordan Victim Assistance Program.....566-6511

West Valley City Victim Advocate Program963-3223

Utah Attorney General's Victim Services.....281-1206

Board of Pardons Advocate.....261-6498

Federal Victim/Witness Program579-4776

Dept. Of Corrections Victim Services545-5899

U.S. Attorney Victim Witness Program325-3256

Crime Victim Reparations238-2360

Victims Rights Committee281-1206

Shelters

YWCA537-8600

South Valley Sanctuary255-1095

Legal

Legal Aid Society
 205 North 400 West.....328-8849

Utah Legal Services
 205 North 400 West.....328-8891

Third District Court
 450 South State Street

Protective Services
 Child Protective Services.....281-5151
 Adult Protective Services.....264-7669

Family Support Center
 Emergency Child Crisis Nurseries and
 Family Counseling.....487-7778

Rape/Sexual Assault
 Rape Recovery Center467-7273
 Utah Coalition Against Sexual Assault 1-888-421-1100

**SALT LAKE AREA
 DOMESTIC VIOLENCE
 VICTIM RESOURCES**

Prepared By:
The Domestic Violence LINKLine
A program of the Utah Domestic Violence Council

** Please check date before duplication – if more than six months old, call 1-800-897-LINK (5465) for an updated copy.*

CRISIS/INFORMATION LINES	
Crisis/Suicide Prevention	261-1442
Domestic Violence LINKLine	1-800-897-5465
National Domestic Violence Line	1-800-799-7233